



June 2016

# Terrell Hills Connection

5100 N. New Braunfels Ave.

[www.terrell-hills.com](http://www.terrell-hills.com)

## Safety Tips for Walkers, Joggers & Bikers in Terrell Hills to Stay Safe!

- **Always Walk Facing Traffic:** If there is no sidewalk and you must walk on the side of the road, choose the side where you are facing oncoming traffic. In North America, this is the left side of the road. This gives you the best chance to see traffic approaching closest to you and take evasive action when needed.
- **Cross Safely:** Mom was right– Look both ways before crossing any street. At controlled intersections, it is wise to cross only when you have the pedestrian crossing light, but even then, drivers and bikers may have a green light to turn and won't be expecting you to be in the crosswalk. Make eye contact with any drivers who may be turning. Give them a wave. Make sure they see you. In a car-walker interaction, you can only lose.
- **Walk Single File:** Unless you are on a sidewalk separated from the road or a wide bike lane, you should walk in single file. This is especially important on a road with lots of curves where traffic has only a split second chance of seeing you before hitting you. While it can be enjoyable to walk down the road two to three abreast having conversation, drivers don't expect it and you may lose your best walking buddies.
- **Stay Aware of Bikers and Runners:** Share the road and path with bikes and runners. Bike riders should alert you when approaching from behind with a bike bell or a "passing on the left/right." Listen for them, and move to walk single file, allowing them to pass safely. Runners should also call out for passing. Bike-walker collisions may result in broken bones or head injury for either– and you aren't wearing a helmet.
- **Be Visible:** Wear bright colors when walking in daytime. When walking at night, wear light-colored clothing and reflective clothing or vests to be visible. Drivers are often not expecting walkers to be out after dark, and you need to give them every chance to see you, even at street crossings that have crossing signals. Be just as cautious at dawn or twilight, as drivers still have limited visibility or may even have the setting or rising sun directly in their eyes.
- **Keep the Volume Down:** Don't drown out your environment with your iPod. Keep the volume at a level where you can still hear bike bells and warnings from other walkers and runners. Your audiologist will also thank you!
- **Hang Up and Eyes Up:** Chatting or texting on a mobile device while you walk is as dangerous as doing things while driving. You are distracted and not as aware of your environment. You are less likely to recognize traffic danger, passing joggers and bikers or tripping hazards. Potential criminals see you as a distracted easy target.
- **Know When to Stop Walking:** Heat sickness, dehydration, heart attack or stroke can strike walkers of any age. Learn the symptoms of medical emergencies and carry a cell phone to dial 911.

### CITY CONTACT INFORMATION

- City Administrative Offices: (210) 824-7401
- 24-Hour Non-Emergency Dispatch: (210) 824-1009
  - For Emergencies, Dial 911

## Bexar County Hazard Mitigation Plan Public Survey:

The City of Terrell Hills, along with several other area municipalities, is partnering with Bexar County to develop a County-wide Hazard Mitigation Action Plan. This plan is designed to identify areas inside of Bexar County that are susceptible to damage from a natural disaster and to find ways to help reduce the negative impacts natural disasters have on our communities.

Public and stakeholder participation is integral to mitigation planning. Terrell Hills residents and business owners are invited to complete a short survey to help provide guidance for the plan. The survey can be accessed from the "News and Notices" section of our home page at [www.terrell-hills.com](http://www.terrell-hills.com).

If you have any questions, you can contact Assistant Fire Chief Justin Seibert at 210-824-7401 or email [jseibert@terrell-hills.com](mailto:jseibert@terrell-hills.com).



# HOW TO PREVENT MOSQUITOES!



Adult mosquitoes lay eggs in stagnate or slow moving water, and on moist soil or leaf litter in areas likely to collect water. By eliminating these water sources, you can keep new generations of mosquitoes from taking up residence in your yard.

### *Eliminate Standing Water Sources*

- |                                   |                                 |
|-----------------------------------|---------------------------------|
| <b>1</b> Uncovered Boats          | <b>8</b> Buckets and Barrels    |
| <b>2</b> Open Trash Bins          | <b>9</b> Leaky Hoses            |
| <b>3</b> Fountains and Bird Baths | <b>10</b> Wagons and Other Toys |
| <b>4</b> Clogged Rain Gutters     | <b>11</b> Neglected Pools       |
| <b>5</b> Low Areas                | <b>12</b> Ponds                 |
| <b>6</b> Potted Plant Saucers     | <b>13</b> Tires                 |
| <b>7</b> Water Bowls for Pets     | <b>14</b> Rot Holes in Trees    |

## PROTECT YOURSELF FROM MOSQUITO BITES



**USE INSECT REPELLENT**  
Look for active ingredients like DEET, Picaridin, or IR3535.



**WEAR PROTECTIVE CLOTHES**  
Wear long-sleeved shirts and long pants. Treat clothes with permethrin for greater protection.



**MOSQUITO-PROOF YOUR HOME**  
Keep screens on windows and doors closed. Use air conditioning when available.